

SYNS

Advanced Thoraco-lumbar Course

SFITS
SWISS Foundation for Innovation and
Training in Surgery
Genève

June 22nd-23rd 2023
2nd SYNS-SGS Spine Hands-on

Shortcuts

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About

The Swiss Young Neurosurgeons Society (SYNS) is dedicated to the continuous improvement of the neurosurgical training program for residents and young consultants in Switzerland.

We were founded in 2005 by a handful of young residents striving to achieve a high standard of specialty training by organizing focused talks, symposiums and hands-on courses. Our aim is to increase learning and inspiration in the field of neurosurgery while bringing together young minds from all over the country. As of 2011 SYNS carries the status of a registered non-profit society by Swiss law.



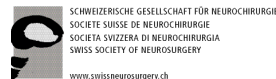
In cooperation with



SPINEART



NUVASIVE



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SWISS FOUNDATION FOR INNOVATION
AND TRAINING IN SURGERY



Thursday 22.06.2023

08:30 – 09:00 Registration and welcome

SESSION I

09:00 - 09:15 Anterolateral approaches to the lumbar spine: MG/CT
ATP/OLIF

09:15 - 09:30 X-ALIF – Indications and technique DD

09:30 - 09:45 ALIF - Technical aspects, pearls & pitfalls MD

09:45-10:00 Case discussion All

HANDS-ON SESSION I A

10:00 – 12:00 ALIF
• 1st pair - L5/S1

12:00 - 13:30 Lunch

HANDS ON SESSION I B

13:30 – 15:30 ALIF
• 2nd pair - L4/L5

15:30 – 15:45 Coffee Break

SESSION II

15:45 – 16:00 XLIF - Technical aspects, pearls & pitfalls MS

16:00 – 16:15 Case discussion All

HANDS-ON SESSION II

16:15 – 17:30 XLIF
• 1st pair - L3/L4

17:30 – 18:30 XLIF
• 2nd pair - L2/L3

18:45 Apéro Dinatoire at SFITS

Friday 23.06.2023

SESSION III

08:30 – 08:45 Dorsal thoracic corpectomy: technical aspects, tips & tricks DJ

08:45 - 09:15 Case discussion All

HANDS-ON SESSION III

Dorsal thoracic corpectomy

Cadaver 1-2

09:15 – 10:45 • 1st pair: Th11

Cadaver 3-4

• 1st pair: Th12

10:45 – 11:00 Coffee break

Dorsal thoracic corpectomy

Cadaver 1-2

11:00 – 12:30 • 2nd pair: Th12

Cadaver 3-4

• 2nd pair: Th11

12:30 – 13:00 Course wrap-up

Join the SGS-Annual Meeting!

Date: August 25th, 2023

Venue: Lonza Arena Eissport- und Eventhalle
Torweg 3, 3930 Visp